



FSU CAMPUS REC FITNESS CONSULTANT APPLICATION

Applications due at the Leach Fitness Desk no later than Wednesday, Nov, 29, 2017 at 12:00pm

Interview Dates: Monday, Dec. 11th – Wednesday, December 13th

Those who are hired Must Attend Mandatory Trainings listed below:

- Consultant Training:** Saturday, Dec. 16th – Wednesday, Dec. 20th, 8:30am – 6pm
- CPR Training:** Saturday, Jan. 6th, 10am – 4pm
- Scheduling Meeting:** Sunday, Jan. 7th, 7pm – 9:30pm

POSITION TITLE: Fitness Consultant

DEFINITION: The Fitness Consultant works closely with the Strength & Conditioning Coordinator and Student Directors in FSU Fitness Center Facilities. This person has the opportunity to gain experience in the following areas: cardiovascular and strength training programs, equipment management, and fitness floor supervision. The program expectation is that by the third semester, the Consultant will become a nationally certified Personal Trainer.

Dress Attire for Interview: Please wear Dockers-type dress shorts, a golf-type polo shirt & athletic shoes.

Requirements:

- Must be available to work for ALL 3 consecutive semesters (Spring 2018, ALL Summer 2018 & Fall 2018).
- Must be a FULL-TIME Registered Student for Fall and Spring Semesters, and taking at least 3 credits for Summer 2018.
- Must be available to work 12+ hours per week.
- Applicants with educational background in Exercise Science, Nutrition & Fitness, and other related fields will be given priority over all others. Applicants without appropriate educational background should possess a strong practical knowledge of strength and cardiovascular training.
- Must be able to work well with supervisors, employees, and participants.
- Personable, helpful, and exhibits a positive attitude and initiative in working with patrons.
- Teachable, dependable, and highly motivated to work hard/carry out orders.
- Must have good communication and observation skills.
- Ability to demonstrate and spot major exercises such as squat, bench press, etc.
- Must be able to pick-up and rack 45 lb. weight plates and heavy dumbbells.

CERTIFICATIONS

Certifications in CPR for Professional Rescuer and First Aid is mandatory. Consultants are required to attend our 5-day Mandatory Training Course in preparation for a 3-hour, in-house fitness exam, as well as taking and passing all mandatory quizzes during training, passing with an 85% or better. Consultants are required take and pass a nationally accredited Personal Training (NSCA, ACSM, NASM, ACE) certification during their second semester of employment.

FSU Tobacco Free Policy

Effective January 1, 2014, tobacco use, including simulated tobacco use, is prohibited on property, interior and exterior, owned or managed by Florida State University. This policy applies to all Florida State University students, employees, consultants, contractors, visitors, and external individuals.

FSU is An Equal Opportunity/Access/Affirmative Action/Pro Disabled & Veteran Employer FSU's

Equal Opportunity Statement can be viewed at:

http://www.hr.fsu.edu/PDF/Publications/diversity/EEO_Statement.pdf

FITNESS CONSULTANT APPLICATION

Name: _____ Date: _____

Address: _____

Phone: _____ Email: _____

Home Town: _____

FSU Student Status:

Freshman Sophomore Junior Senior Graduate

Major/Minor: _____

Expected Graduation: _____ Cumulative GPA: _____

List any previous or related fitness, training or gym experience(s):

List any previous or related customer service experience(s):

Explain how you would handle a confrontational situation with a patron:

Please list your extracurricular activities and achievements:

How did you hear about the job? _____

Why do you want to work here? Please give us 3 reasons.

Are you currently working, or plan to work another job? _____
If “**YES**”, our program policy requires you to inform us.

Have you ever applied and interviewed with us? _____

Will you be a registered, full-time FSU Student (Spring & Fall 2018) and at least taking 3 credits for the ENTIRE Summer 2018? _____

Please list two (2) professional references (former employer, professor, professional mentor, etc.). Include their name, phone number, email and company/organization.

Reference 1

Name: _____

Phone Number: _____

Email: _____

Company/Organization/Affiliation: _____

Reference 2

Name: _____

Phone Number: _____

Email: _____

Company/Organization/Affiliation: _____

Please verify reading and detaching page 1 for your records:

Signature: _____