## THE STATE OF INTRAMURAL SPORTS

## 2023 Survey - All Responses as of July 31, 2023



|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Team Registration \& Playing Schedule |  |  |  |  |  |  |
| Total Respondents | 109 |  | 62 |  | 47 |  |
| Instant Scheduling Offered at Registration (Confirmed Day/Time) | 55 | 50.5\% | 27 | 43.5\% | 28 | 59.6\% |
| Preferred Scheduling Offered at Registration (Day/Time Requests Accepted) | 54 | 49.5\% | 35 | 56.5\% | 19 | 40.4\% |
| Captains Meetings |  |  |  |  |  |  |
| Total Respondents | 156 |  | 89 |  | 67 |  |
| Captains Meeting Materials Available Online (Video or Handouts) | 44 | 28.2\% | 26 | 29.2\% | 18 | 26.9\% |
| Captains Can Take Online Quiz to Complete Preseason Requirements | 79 | 50.6\% | 45 | 50.6\% | 34 | 50.7\% |
| Captains Have the Option to Complete on Online Test or Attend an In-Person Meeting | 8 | 5.1\% | 5 | 5.6\% | 3 | 4.5\% |
| Captains are Required to Attend a Meeting at a Single Designated Time | 29 | 18.6\% | 19 | 21.3\% | 10 | 14.9\% |
| Captains are Required to Attend a Meeting with a Choice of Multiple Times | 8 | 5.1\% |  | 3.4\% | 5 | 7.5\% |
| Captains are Required to Complete Paperwork to Confirm Attendance at Meeting | 12 | 7.7\% | 6 | 6.7\% | 6 | 9.0\% |
| No Captains Meetings are Held or Attendance is Not Required | 24 | 15.4\% | 14 | 15.7\% | 10 | 14.9\% |
| Team Schedules |  |  |  |  |  |  |
| Total Respondents | 149 |  | 83 |  | 66 |  |
| Schedules are Posted to a Web Site | 146 | 98.0\% | 80 | 96.4\% | 66 | 100.0\% |
| Schedules are Emailed to Captains and/or Participants | 31 | 20.8\% | 18 | 21.7\% | 13 | 19.7\% |
| Schedules are Physically Posted in a Public Location (Facility / Office) | 6 | 4.0\% | 2 | 2.4\% | 4 | 6.1\% |
| Schedules are Distributed to Captains or Participants at a Designated Location | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Roster Management |  |  |  |  |  |  |
| Total Respondents | 150 |  | 85 |  | 65 |  |
| Teams are Required to Submit a Roster at the Time of Registration | 42 | 28.0\% | 30 | 35.3\% | 12 | 18.5\% |
| Teams are Required to Make Roster Changes at a Designated Location (Office) | 3 | 2.0\% | 1 | 1.2\% | 2 | 3.1\% |
| Teams May Make Roster Additions at the Game / Match Site | 122 | 81.3\% | 74 | 87.1\% | 48 | 73.8\% |
| Teams May Make Roster Deletions at the Game / Match Site | 61 | 40.7\% | 35 | 41.2\% | 26 | 40.0\% |
| Team Rosters are Locked Prior to or at the End of the Regular Season | 97 | 64.7\% | 56 | 65.9\% | 41 | 63.1\% |
| Team Rosters are Locked at a Predetermined Point in a Postseason Touranment | 46 | 30.7\% | 24 | 28.2\% | 22 | 33.8\% |
| Roster Changes are Permitted in the Regular Season and During a Portion of the Playoffs | 33 | 22.0\% | 16 | 18.8\% | 17 | 26.2\% |
| Roster Size |  |  |  |  |  |  |
| Total Respondents | 147 |  | 83 |  | 64 |  |
| An Unlimited Number of Players are Permitted on a Team's Roster in Most Sports | 55 | 37.4\% | 31 | 37.3\% | 24 | 37.5\% |
| A Maximum Number of Players on a Team Roster is Set in Most Sports | 92 | 62.6\% | 52 | 62.7\% | 40 | 62.5\% |


|  | ALL |  | FREE |  | PAY |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Game Site Check-In |  |  |  |  |  |  |
| Total Respondents | 156 |  | 89 |  | 67 |  |
| Each Participant is Required to Present Valid School ID to Check-In Prior to Each Game | 76 | 48.7\% | 44 | 49.4\% | 32 | 47.8\% |
| Each Participant is Required to Present Any Photo ID to Check-In Prior to Each Game | 73 | 46.8\% | 40 | 44.9\% | 33 | 49.3\% |
| Participant IDs are Electronically Verified as Valid During the Check-In Process | 19 | 12.2\% | 9 | 10.1\% | 10 | 14.9\% |
| Participant IDs are Matched to the Team Roster During the Check-In Process | 72 | 46.2\% | 42 | 47.2\% | 30 | 44.8\% |
| ID is Not Required or No Response Was Given in This Section | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Team Jerseys |  |  |  |  |  |  |
| Total Respondents | 155 |  | 88 |  | 67 |  |
| Participants are Required to Provide Their Own Similar Colored Jerseys for Their Games | 15 | 9.7\% | 6 | 6.8\% | 9 | 13.4\% |
| Participants are Required to Provide Their Own Numbered Jerseys for Their Games | 5 | 3.2\% | 3 | 3.4\% | 2 | 3.0\% |
| The IM Program Provides or Checks Out Reusable Jerseys for Team Use | 140 | 90.3\% | 82 | 93.2\% | 58 | 86.6\% |
| Personal Safety Equipment |  |  |  |  |  |  |
| Total Respondents | 156 |  | 89 |  | 67 |  |
| Participants are Required to Provide Personal Safety Equipment in Select Sports | 44 | 28.2\% | 22 | 24.7\% | 22 | 32.8\% |
| The IM Program Provides or Checks Out Personal Safety Equipment in Select Sports | 67 | 42.9\% | 39 | 43.8\% | 28 | 41.8\% |
| Playoff Qualification \& Sportsmanship Ratings |  |  |  |  |  |  |
| Total Respondents | 153 |  | 86 |  | 67 |  |
| Teams are Required to Qualify for the Playoffs Based on Regular Season Performance | 80 | 52.3\% | 38 | 44.2\% | 42 | 62.7\% |
| Teams are Seeded for the Playoffs Based Solely on Regular Season Performance | 86 | 56.2\% | 44 | 51.2\% | 42 | 62.7\% |
| Good Sportsmanship is Promoted Through the Use of a Sportsmanship Rating System | 127 | 83.0\% | 71 | 82.6\% | 56 | 83.6\% |
| A Minimum Sportsmanship is Required to Continue Playing or Advance to Playoffs | 136 | 88.9\% | 75 | 87.2\% | 61 | 91.0\% |
| Staff are Instructed to Review Sportsmanship as Part of the Pregame Captains Meeting | 111 | 72.5\% | 57 | 66.3\% | 54 | 80.6\% |
| We Offer a Team or Individual Award Based on High Sportsmanship Ratings | 13 | 8.5\% | 5 | 5.8\% | 8 | 11.9\% |
| Officials Training Methods |  |  |  |  |  |  |
| Total Respondents | 150 |  | 84 |  | 66 |  |
| We Utilize In-Person Trainings Led by IM Staff for the Majority of Our Training Sessions | 150 | 100.0\% | 84 | 100.0\% | 66 | 100.0\% |
| We Utilize a Hybrid Model of In-Person and Online Trainings for Rules/Mechanics Content | 59 | 39.3\% | 32 | 38.1\% | 27 | 40.9\% |
| We Utilize Online Training Resources from External Providers (Paid or Free) | 18 | 12.0\% |  | 10.7\% | 9 | 13.6\% |
| We Utilize Local Experts/Officials from Outside of Our Department | 19 | 12.7\% | 9 | 10.7\% | 10 | 15.2\% |
| We Team Up with Other Local Institutions to Provide Joint Training Sessions | 7 | 4.7\% | 4 | 4.8\% | 3 | 4.5\% |


|  | ALL |  | FREE |  | PAY |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Participant Restrictions |  |  |  |  |  |  |
| Total Respondents | 154 |  | 88 |  | 66 |  |
| In Related IM Sports, Participation by Current or Former Professional Athletes... |  |  |  |  |  |  |
| $\ldots$... is Prohibited | 87 | 56.5\% | 57 | 64.8\% | 30 | 45.5\% |
| ... is Restricted in Number per Team | 21 | 13.6\% | 10 | 11.4\% | 11 | 16.7\% |
| $\ldots$... is Restricted to a Specific League | 39 | 25.3\% | 16 | 18.2\% | 23 | 34.8\% |
| $\ldots$... is Restricted in Number per Team and to a Specific League | 8 | 5.2\% | 4 | 4.5\% | 4 | 6.1\% |
| ... Not Restricted or No Policy is Written for This Group | 15 | 9.7\% | 9 | 10.2\% | 0 | 0.0\% |
|  |  |  |  |  |  |  |
| In Related IM Sports, Participation by Current Varsity Athletes... |  |  |  |  |  |  |
| $\ldots$ is Prohibited | 66 | 42.9\% | 37 | 42.0\% | 29 | 43.9\% |
| ... is Restricted in Number per Team | 32 | 20.8\% | 18 | 20.5\% | 14 | 21.2\% |
| $\ldots$... is Restricted to a Specific League | 66 | 42.9\% | 37 | 42.0\% | 29 | 43.9\% |
| $\ldots$... is Restricted in Number per Team and to a Specific League | 14 | 9.1\% | 8 | 9.1\% | 6 | 9.1\% |
| ... Not Restricted or No Policy is Written for This Group | 4 | 2.6\% | 4 | 4.5\% | 0 | 0.0\% |
|  |  |  |  |  |  |  |
| In Related IM Sports, Participation by Former Varsity Athletes... |  |  |  |  |  |  |
| $\ldots$ is Prohibited | 5 | 3.2\% | 3 | 3.4\% | 2 | 3.0\% |
| $\ldots$... is Restricted in Number per Team | 68 | 44.2\% | 32 | 36.4\% | 36 | 54.5\% |
| $\ldots$... is Restricted to a Specific League | 75 | 48.7\% | 41 | 46.6\% | 34 | 51.5\% |
| $\ldots$... is Restricted in Number per Team and to a Specific League | 24 | 15.6\% | 13 | 14.8\% | 11 | 16.7\% |
| ... Not Restricted or No Policy is Written for This Group | 30 | 19.5\% | 25 | 28.4\% | 0 | 0.0\% |
|  |  |  |  |  |  |  |
| In Related IM Sports, Participation by Current Varsity Practice Squad Members... |  |  |  |  |  |  |
| $\ldots$ is Prohibited | 22 | 14.3\% | 13 | 14.8\% | 9 | 13.6\% |
| $\ldots$... is Restricted in Number per Team | 48 | 31.2\% | 21 | 23.9\% | 27 | 40.9\% |
| ... is Restricted to a Specific League | 62 | 40.3\% | 30 | 34.1\% | 32 | 48.5\% |
| $\ldots$... is Restricted in Number per Team and to a Specific League | 13 | 8.4\% | 5 | 5.7\% | 8 | 12.1\% |
| ... Not Restricted or No Policy is Written for This Group | 35 | 22.7\% | 29 | 33.0\% | 0 | 0.0\% |
|  |  |  |  |  |  |  |
| In Related IM Sports, Participation by Current Sport Club Players... |  |  |  |  |  |  |
| $\ldots$... is Prohibited | 2 | 1.3\% | 2 | 2.3\% | 0 | 0.0\% |
| ... is Restricted in Number per Team | 127 | 82.5\% | 70 | 79.5\% | 40 | 60.6\% |
| $\ldots$... is Restricted to a Specific League | 42 | 27.3\% | 24 | 27.3\% | 1 | 1.5\% |
| $\ldots$... is Restricted in Number per Team and to a Specific League | 35 | 22.7\% | 18 | 20.5\% |  | 0.0\% |
| ... Not Restricted or No Policy is Written for This Group | 18 | 11.7\% | 10 | 11.4\% | 0 | 0.0\% |


|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gender \& League Offerings |  |  |  |  |  |  |
| Total Respondents | 156 |  | 89 |  | 67 |  |
| We Offer Gender-Specific Leagues (Divisions) such as Men's and Women's | 128 | 82.1\% | 70 | 78.7\% | 58 | 86.6\% |
| We Offer Co-Rec Leagues That Have a Required Number of Players Based on Gender | 127 | 81.4\% | 68 | 76.4\% | 59 | 88.1\% |
| We Offer Mixed or Open Leagues That Have No Gender Requirements | 142 | 91.0\% | 83 | 93.3\% | 59 | 88.1\% |
| We Offer Mixed or Open Leagues, But No Co-Rec Leagues | 29 | 18.6\% | 21 | 23.6\% | 8 | 11.9\% |
| We Have Policies That Expand Opportunities for Transgender Participants | 71 | 45.5\% | 41 | 46.1\% | 30 | 44.8\% |
| Our Ability to Expand Opportunities for Transgender Participants is Restricted by Law | 22 | 14.1\% | 13 | 14.6\% | 9 | 13.4\% |
| Length of Sport Offerings (Regular Seasons) |  |  |  |  |  |  |
| Total Respondents | 145 |  | 83 |  | 62 |  |
| We Have Lengthed Our Sport Seasons, Offering More Games per Team | 25 | 17.2\% | 14 | 16.9\% | 11 | 17.7\% |
| We Have Shortened Our Sport Seasons, Offering Less Games per Team | 29 | 20.0\% | 20 | 24.1\% | 9 | 14.5\% |
| Our Sport Seasons Have Largely Remained Unchanged in Length / Format | 91 | 62.8\% | 49 | 59.0\% | 42 | 67.7\% |
| Format of Sport Offerings (Leagues and/or Tournaments) |  |  |  |  |  |  |
| Total Respondents | 143 |  | 82 |  | 61 |  |
| We Have Begun Offering More Tournaments (One-Day, Weekend, Limited Time) | 83 | 58.0\% | 53 | 64.6\% | 30 | 49.2\% |
| We Have Begun Offering More Leagues (Regular Season Play) | 37 | 25.9\% | 21 | 25.6\% | 16 | 26.2\% |
| We Offer About the Same Number of Leagues \& Tournaments (Unchanged) | 44 | 30.8\% | 20 | 24.4\% | 24 | 39.3\% |
| Team Composition in Sport Offerings |  |  |  |  |  |  |
| Total Respondents | 120 |  | 64 |  | 56 |  |
| We Have Begun Offering More Sports with Fewer Numbers of Required Players (3v3) | 50 | 41.7\% | 35 | 54.7\% | 15 | 26.8\% |
| We Have Begun Offering More Sports with Larger Numbers of Required Players | 2 | 1.7\% | 2 | 3.1\% | 0 | 0.0\% |
| We Have Not Largely Changed Our Offerings Based on Number of Required Players | 68 | 56.7\% | 27 | 42.2\% | 41 | 73.2\% |
| Outlook for Intramural Sports |  |  |  |  |  |  |
| Total Respondents | 155 |  | 89 |  | 66 |  |
| 1 Anticipate Strong Growth in Participation and Involvement | 22 | 14.2\% | 14 | 15.7\% | 8 | 12.1\% |
| I Anticipate Some Growth in Participation and Involvement | 86 | 55.5\% | 48 | 53.9\% | 38 | 57.6\% |
| I Anticipate Holding at a Steady Level of Participation and Involvement | 36 | 23.2\% | 21 | 23.6\% | 15 | 22.7\% |
| I Anticipate a Slight Decline in Participation and Involvement | 9 | 5.8\% | 5 | 5.6\% | 4 | 6.1\% |
| I Anticipate a Concerning Decline in Participation and Involvement | 2 | 1.3\% | 1 | 1.1\% | 1 | 1.5\% |

