



**FSU**

Campus  
Recreation

**INTRAMURAL SPORTS**

**FAQ ON SEVEN PRINCIPLES**



# Frequently Asked Questions Seven Principles of Intramural Sports

## PARTICIPATION

**Q: During the Fall, Spring, and Summer semesters, how many teams can a participant play per sport?**

A: Players are allowed to play on one single gender team, and one Co-Rec team. Participants can fill in as a nomad if a team needs players. The first team they participate on will be their team come playoff time.

**Q: When can teams add players to their roster?**

A: A team needs the minimum number of players to get scheduled for the regular season. A team roster is only locked at 12 Noon on the final scheduled day of the team's playoff tournament. At any point before this, a player may be added at the game site or during office hours.

**Q: Can men play on a women's team, or vice versa?**

A: Females are permitted to participate on a men's team in sports where specific gender leagues are offered. Males are restricted to men's teams only. If someone self-identifies as non-binary, IMLeagues will ask what gender they will participate as.

**Q: When is a player locked into a team?**

A: A participant is considered to have played for a team once they have signed-in on a team's roster at the game site. It is the decision of professional staff if the participant never signed in and played.

**Q: Can players change teams during the season?**

A: No, unless a player appeals to the IM professional staff. If they have not been approved they cannot play for any team other than the original one they signed-in for.

**Q: What if a player is caught playing for two teams?**

A: A player must appeal to the IM professional staff. If they have not been approved they cannot play for any team other than the original one they signed-in for.

**Q: What constitutes a Prohibited player and what leagues can they play in?**

A: Varsity Athletes in its applicable Intramural Sport. Professional, Semi-Professional or Amateur Athletes are prohibited in their sport for 2 years after their professional conclusion, at which point they need to have a written appeal to the IM office to become a restricted player.

**Q: What constitutes a Restricted player and what leagues can they play in?**

A: A current practice squad member. Former Varsity athletes (community college and grad transfers included) are considered for 2 years after their conclusion as a varsity participant.

**Q: What constitutes a Limited player and what leagues can they play in?**

A: Sport club members are considered Limited for 12 consecutive months after their last participation. They must appeal to the Sport Club Office. After a player is 1 semester removed from their respective club team, they will not be a Limited player in related sports (excluding summer semesters).

**Q: How many Limited and/or Restricted players (club players) may play on a team?**

A: For sports that have 5 or more players, the total number of limited and restricted players shall be no more than 2. In sports with 4 or less players, only 1.

## **INVOLVEMENT**

**Q: What type of leagues are offered for team sports?**

A: Both Men's and Women's leagues are offered. The Men's league is divided into competitive and recreational. During the playoffs, these two leagues will be divided into playoff brackets based on record. Additionally, we offer Co-Rec Leagues whose teams are formed with a restricted combination of male and female players. Our Co-Rec Leagues are divided into competitive and recreational. The same playoff format will take place. Open Leagues are offered in which teams may have any combination of males and females. (Fraternity & Sorority Leagues are only offered in the Fall and Spring Semesters). Unified Leagues are a partnership with Special Olympics and pair those with and without intellectual disabilities on the same team.

**Q: What types of leagues are offered for individual/dual sports?**

A: Competitive and Recreational leagues are offered for individual/dual sports.

**Q: How long are the sport seasons?**

A: Full season sports consist of a 4-game regular season followed by a single-elimination playoff tournament. Mini-season sports consist of a 2- to 4-game regular season followed by a single elimination tournament. Special Events are slated for select dates or weekends.

**Q: How do I register to play a sport?**

A: Entries for all sports are accepted during the assigned registration periods. Information for all sports can be found online at [campusrec.fsu.edu/im](https://campusrec.fsu.edu/im). Times and dates for each sport currently offered can be found on the sports planner on that page. Specific registration steps for interested captains can be found at [campusrec.fsu.edu/sports/im/captains/team-registration](https://campusrec.fsu.edu/sports/im/captains/team-registration). Registration is found at [IMLeagues.com/FSU](https://IMLeagues.com/FSU).

**Q: What are the requirements to be a team captain?**

A: Every team is required to have a team captain. Team Captain responsibilities include a review of all online materials, quiz, and completion of registration based on the specified date and time listed on the Campus Recreation website. Captains are also responsible for communicating all rules with their teammates and act as the team representative in its interactions with any Campus Recreation staff.

## SPORTING BEHAVIOR

**Q: When is a team's sporting behavior affected by their actions?**

A: Before, during, and after participation in Intramural Sports.

**Q: What sporting behavior rating is needed to reach the playoffs?**

A: You need a 3.0 average sporting behavior rating during the regular season to advance to the playoffs. Sporting behavior does not reset once the playoffs begin. An average rating of 3.0 must be maintained throughout the postseason in order to participate.

**Q: What happens if I am ejected?**

A: Once ejected, a player loses eligibility to participate in Intramural Sports until they complete the following steps: (1) Prepare and deliver a written statement about the incident to the Intramural Sports Office, (2) Schedule an appointment with professional staff, and attend the ejection meeting. Failure to complete any of these steps will result in continued ineligibility to participate.



# **SAFETY**

**Q: Are alcoholic beverages, tobacco products, or weapons allowed on site of Intramural events?**

A: NO.

**Q: What do you do if a player refuses medical attention?**

A: If you think it is in the best interest of the participant's safety you have the authority to limit their participation. You also have the authority to contact other medical professionals, Athletic Trainers, or EMS if you believe that the situation warrants it. Remember, it costs nothing to have EMS show up to an IM event.

**Q: For which sports are hats allowed?**

A: Hats are allowed for tennis, golf, pickleball, softball, kickball, wiffleball, and ultimate frisbee.

**Q: For which sport are closed toed shoes required?**

A: All Sports except sand volleyball.

**Q: Can a game be ended during the middle of the action because of inclement weather?**

A: Yes. Even if it is one out away from ending, the game needs to be stopped.

# **ORGANIZATION**

**Q: In the event of inclement weather, what should teams do?**

A: Visit the Twitter page, @fsuimrainline.

**Q: Will regular season games that are cancelled because of weather be rescheduled?**

A: NO.

**Q: Can playoff games be rescheduled?**

A: During the early playoff rounds, a reschedule can be requested if a team participated in their respective playoff draw and contacted the IM Office at [imsports@fsu.edu](mailto:imsports@fsu.edu). During the semi-finals and finals, a reschedule can be requested if one of the following occur:

- (1) Conflict with another IM game with at least 2 team members, or
- (2) Conflict with another university activity with at least 4 other team members, or
- (3) Participated in the playoff draw (if applicable).

**Q: What is a grace period?**

A: This is an **OPTIONAL** 10 minutes delayed start for a game, with the approval of the opposing captain. Otherwise, game time will be forfeit time. The team with enough players has the option of giving the grace period or declining and taking the win.

**Q: What is a forfeit?**

A: A forfeit exists when a team fails to show up for a scheduled game, has two less players than the minimum players needed for that specific sport, or notifies staff that their team can not attend a game past the noon deadline. This will result in a corresponding fine. This can be paid at the Leach Center front desk or online via Rec Connect. Additional forfeits can occur when a team uses an ineligible player. This will not result in a forfeit fine.

**Q: If a team forfeits their only game of the season or drops from the league without having played a game yet, can their players join another team?**

A: Yes, they may join another team without penalty.

**Q: What is a default?**

A: A default occurs when a team has one less than the required number of participants to start or notifies staff that they cannot attend a scheduled game **BEFORE NOON** of the game date. If a game occurs on a Sunday, staff must be notified before noon on Friday.

**Q: When would a team get dropped from a league?**

A: A team will be dropped when they have two defaults, two forfeits, or one default and one forfeit in a season. In addition, a team can be dropped when they request to be dropped. Any of the above combinations will result in only one fine.

**Q: Can teams be promoted to a higher division or demoted to a lower division?**

A: Teams can be moved to another level for playoffs but not during the regular season.

## **FAIR PLAY**

**Q: Can TCC or FAMU students play Intramurals?**

A: No.

**Q: Can I still play Intramurals during Summer if I'm not taking classes?**

A: Continuing students who were enrolled in the previous spring and registered in the upcoming fall can buy a membership to play Intramurals during the summer. This membership is called a "Continuing Student Membership" and can be bought at the Leach Center Front Desk.



**Q: Can FSU faculty/staff play Intramurals?**

A: Salaried faculty and full-time staff are eligible to play at no cost. Reach out to [imsports@fsu.edu](mailto:imsports@fsu.edu) if you want this access.

**Q: If I forgot my FSUID, can I still play?**

A: Yes! Make sure your IMLeagues app is downloaded. You will be able to check in that way.

**Q: What happens if a participant uses another student's ID?**

A: The person using the ID and the person whose ID was used will need to follow the ejection procedures to be eligible to play in the future.

**Q: Can I make a protest?**

A: Misinterpretation of playing rules can be protested for a \$10 deposit. It will be returned only if the protest is overturned. Documentation will be made of the status of the game at the time of the protest and the game will resume. If the protest is overturned, the game will resume at a later date from the point or the new rule taking effect.

## FACILITIES

**Q: Can a non-student buy a pass to use the facilities?**

A: You can purchase a guest pass at the Leach Center Front Desk for \$10/day. You can play at any of our outdoor facilities after buying this pass. This pass, however, does NOT apply to Intramural Sports.

**Q: Can I livestream?**

A: Yes! This can be done after obtaining consent from the Intramural Sports Supervisors and your opponent.

